

Concept of Body Movements

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In the first segment of the chapter Body movements, we will get introduced to the concept of Body movement and skeletal system.

What are Body movements?

The movement performed by the parts of the body to change their position, for example, cycling, dancing, walking, rotating an arm and many more are known as body movements.

Skeletal System of our body is responsible for all these movements.

What is the Skeletal system?

The skeletal system is the **Structural Framework** of our body that is made up of bones. An adult human has **206** bones in their body.

A human baby has around 270 bones at birth. As we grow up some of these bones fuse together and finally, we have 206 bones as an adult.



Skeletal system

Summary

Body Movements	The movement performed by the parts of the body to change their position
Skeletal System	The structural framework of our body

What's next?

In the next segment of Class 6 Science, we will learn about the **skeletal system and its parts**.